

JOSE A. LOPEZ-CINTRON, MD, LLC

Medications in Pregnancy

Congratulations on your new pregnancy! We are very glad you have chosen us for your prenatal care. Helping you enjoy a happy, healthy pregnancy is our primary concern.

Throughout your pregnancy, you may experience minor ailments such as colds, stomach viruses, muscle sprains, headaches, etc. While these conditions are not life threatening, at times, you may want to use something to alleviate your discomfort.

There is no guarantee that a medication is safe to use during pregnancy. Therefore, it is best not to take anything unless absolutely necessary. Nevertheless, experience has shown that certain medications are safer than others. For your convenience, we may have listed these medications below, grouped according to your symptoms. As always, if you have any questions, please call our office. **Please avoid taking any medications you may have had an allergic reaction with before.**

Dietary Supplements

Ferrous Sulfate
Prenatal Vitamins
Folic Acid Tablets
Calcium Tablets

Vaginal Anti-Fungal (yeast) Agents

Monistat-7
Monistat Suppositories
Mycostatin Vaginal Tablets
Mycelex Tablets or Cream

Hemorrhoid Agents

Tucks Pads
Anusol
Preparation-H

Cold/Flu Remedies

Actifed
Benadryl
Saline Nasal Spray (Ocent brand or generic)
Robitussin (any over the counter)
Nyquil
Chloroseptic Spray/Lozenges
Sucrets

Pain Medicine

Tylenol (regular or extra strength)

Anti-Itch Agents

Benadryl Cream/Tablets
Calamine Lotion
Caladryl Lotion
Vistaril
Prednisone/Medrol Dose-Pack
Betamethasone Cream

Anti-Nausea Agents

Unisom/Vitamin B6 Combination
Emetrol
Phenergan
Tigan
Compzine
Vistaril
Zofran
Thorzaine

Laxatives/Stool Softeners

Ducolax Tablets/Suppositories
Senokot
Fleets Enemas
Milk of Magnesia
Colace
Surfak
Metamucil
Fibercon

Antacids

TUMS
Maalox
Mylanta
Gas-X
Di-Gel
Riopan

Antibiotics

Penicillin	Macrodantin
Ampicillin	Flagyl
Amoxicillin	Zithromax
Erythromycin	Keflex
Augmentin	Bacrim
Dicloxicillin	Septa

Hemorrhoids

Anusol-HC
Proctofoam-HC

Pain Medicine

Tylenol #3
Demerol
Darvocet
Tylox
Percocet

Allergy Medications

Claritin
Allegra
Zyrtec

Anti-Depressants

Zoloft
Prozac
Paxil
Wellbutrin

Anti-Viral Agents

Acyclovir
Famvir (for second and third trimester only)
Valtrex (for second and third trimester only)
Zovirax

Anti-Fungal Agents

Monistat Dual-Pak
Terzaol-3 or 7
Metrogel
Cleocin/Climdamycin